

## Our 3rd update, fellow finders - The Sinking In Festival

### Massive improvements

The last few weeks have been dominated by our annual songwriter festival at the castle: Paradiesvogelfest. It attracted 2,000 people - and in the run-up to it, the place has been massively developed.

- So there is "*The Space*". This is the attic of the horse stable - and now fully operational as our main area for practicing together. It also has an impressive *chandelier* - because beauty matters.



- The bar in the courtyard has been worked on. It now has a *large terrace* on top. This new platform is a very sunny and cheerful place.



- During *Paradiesvogelfest* we also had a fully operational sauna area in the *Temple Grove* for the first time: with sauna, showers and a pool! This will also be available during The Sinking In Festival.

## The Programm

We are also working on the final schedule for the festival. It will be published in full soon, but here - as a sneak preview, so to speak - we show you the first day:

*Wednesday, July 10th*

10:00 Registration & Accommodation 12:30 Lunch  
13:00 Welcome & Opening Session  
13:30 Florian Kirner: Introduction to the venue (Castle & Nature)  
15:00 Deconditioning with Sanjay Manchanda  
17:00 Guided Sinking In with Rastal  
18:30 Dinner  
20:00 Rike Fischer: Exploring the Matrix (I)  
21:30 Pernilla Kannapinn: Sinking Into The Night



## Q & A on Zoom

We have received several questions over the past few weeks. We hope to have answered most of them by email. Since this is a first-time event and most of you are not familiar with the castle or are coming to Germany for the first time, a joint Q&A via Zoom seems to make sense.

We have scheduled it for **Tuesday, June 4th** at 10:00 a.m. PDT / 1:00 p.m. EDT / 7:00 p.m. CEST.

Use this Zoom link or join the meeting with these details:

**Meeting ID:** 868 9061 0912

**Passcode:** 310520 So much for now

More announcements to come

Spread the word

Gratitude!

Florian

The Sinking in Festival  
Florian Kirner  
Schloßstr. 8  
98646 Hildburghausen  
Germany

+49 176 631 43 812  
[florian@sinking-in.de](mailto:florian@sinking-in.de)  
<http://sinking-in.de>